

Leader as a coach

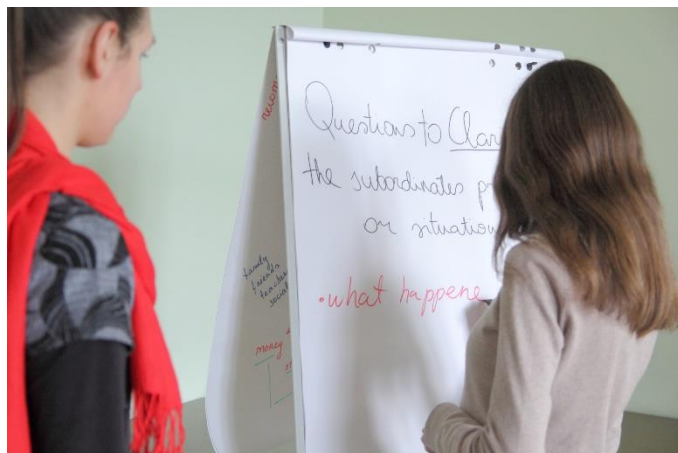
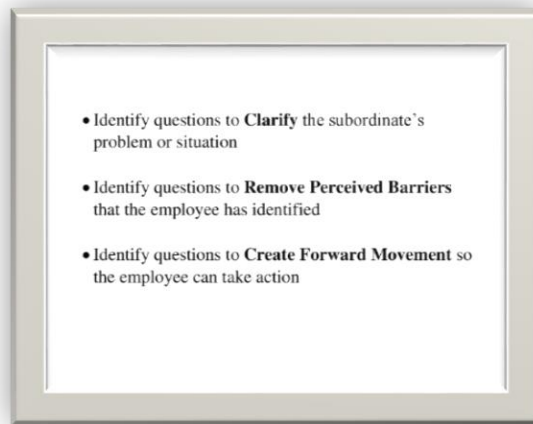
In the **University of Latvia**, **Dace Silīņa** has been trying out the “Leader as a coach” method with her course on “Coaching in everyday life” which is run with 10 students.

Here are the steps Dace takes with the class in applying this method:

1. Teacher opens the workshop with a short story entitled My Best Boss.



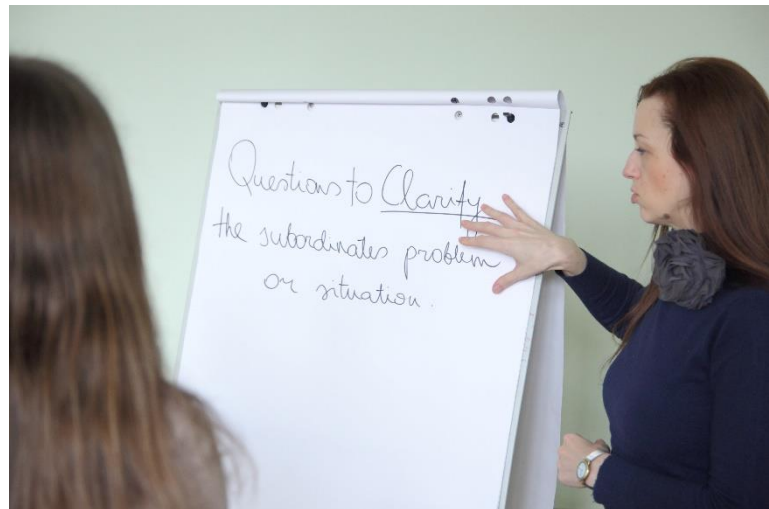
2. Teacher divides the class into small groups of three or four and ask them to walk around the room to three separate stations. At each station they have to generate three of four questions under the following headings:



3. The next step is to reconvene the full group and prompt a discussion in the list of questions: which questions do you like? Find useful? Which questions are not clear to you?



4. After the discussion teacher hands out a sheet of paper with the three categories (Clarify, Remove Perceived Barriers, Create Forward Movement) and ask each participant to record those questions they find most helpful and expect to use in their coaching practice.



Go to [Leader as a coach method](#)