

Method: What? So what? Now what?

In the **University of Latvia**, Līga Valinka has been using the **What? So what? Now what?** method with her course on Purpusful life which is run with 12 students. In this example she used this method at the end of her lesson on time management.

Here are the steps Līga takes with the class in applying this method:

- In the last part of the lecture teacher asks students 3 questions:
 1. What did you learn?
 2. What are your time management skills?
 3. What would you like to change?
- Students discuss their answers in pairs.
- The aim is to remember key issues, be conscious of his/her time management habits and make decisions about changes where it is necessary.



Go to *What? So what? Now what?* method