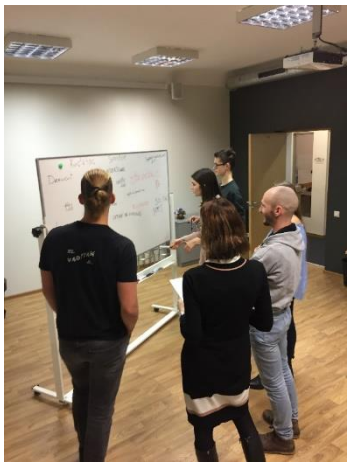
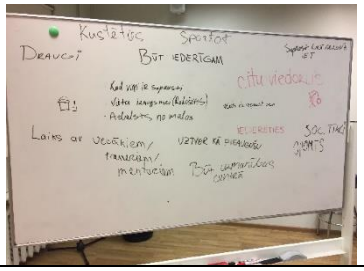
Method: Brainstorming

In the University of Latvia, Līga Valinka has been using the Brainstorming method with students on her course on Mentoring which is run with 8 students. In this example she used brainstorming to teach students about the development of adolescents and how to mentor them.

Here are the steps Līga takes with the class in applying this method:

- She first gave students the task to brainstorm on the question: “What is important to teenagers?”
- Students wrote down their ideas on a whiteboard.
- Teacher asked questions regarding students’ ideas: “What do you mean by that?”, “Can you explain more?”
- Teacher goes on to provide more information about development of adolescents and tips for mentoring them.





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